



# City Fare Menu @ Claymore February 2017– CITY



Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1/31 Fire Braised Chicken Stew Mixed Greens with Tomato and Onion Peach Cobbler Wheat Dinner Roll</p>	<p>2/1 Salmon with Lemon Dill Sauce Baked Potato w. Sour Cream Broccoli White Wheat Bread Rice Pudding</p>	<p>2/2 Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Banana</p>	
	<p>2/7 Broccoli Stuffed Chicken Breast with Gravy Baked Sweet Potato Peas Strawberry Waffle Cookie</p>	<p>2/8 Roast Pork with Gravy Au Gratin Potatoes Capri Blend Vegetables Wheat Dinner Roll Fresh Pear</p>	<p>2/9 Meatloaf with Marsala Mushroom Gravy Corn Italian Spinach Applesauce Potato Bread</p>	
	<p>2/14 Chicken and Dumplings Mixed Vegetables Diced Peaches Apple Cinnamon-Waffle Graham</p> 	<p>2/15 Ham and Swiss Cheese with Lettuce, Tomato and Onion on a Club Roll Cream of Broccoli Soup Crackers Banana</p>	<p>2/16 Cheese Omelet with Sausage Diced Red Potatoes with Onion and Peppers Poached Pear Half Blueberry Muffin Yogurt</p>	
	<p>2/21 Turkey &amp; Swiss Cheese on White Wheat Club Roll with Lettuce, Tomato &amp; Onion Cream of Potato Soup w Bacon Crackers Diced Pears</p>	<p>2/22 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples Wheat Dinner Roll Cake</p>	<p>2/23 Chicken Supreme w. Gravy Sweet Potatoes Cranberry Sauce Peas Orange</p>	
	<p>2/28 Chicken Gumbo Creole Style Beans Tropical Fruit Salad Wheat Roll Mardi Gras Cupcake</p> 	<p>3/1 Flounder Macaroni and Cheese Stewed Tomatoes Banana Giant Graham Cookie</p>	<p>3/2 Pot Roast w. Gravy Roasted Baby Potatoes Brussels Sprouts Multigrain Bread Apple</p>	

- All meals subject to change. All meals contain 1% milk
- Meals are ordered according to projected number; over that number, back-up meals will be available.
- Suggested minimum donation for persons 60+ is \$2.00 People under age 60 must pay \$4.75

- Saturday Mid Day meals served at St. Anthony's
- Sunday Mid Day meals served at St. Anthony's & St. Patrick's Senior Centers.
- Tuesday & Thursday Evening Meals served at St. Anthony's Senior Center